

Japanese Chicken Salad

Dressing: Mix ahead and refrigerate.

¼ cup sugar

¼ cup rice vinegar or lemon juice

½ cup oil

¼ tsp pepper

1 tsp salt

Salad: Boil 2 whole chicken breasts in broth made of 2 bouillon cubes dissolved in 2 cups water with ½ inch of fresh ginger. Let stand in broth until cool. Shred chicken.

Combine:

¾ head of lettuce (torn)

½ cup roasted, sliced almonds

2 stalks of green onions, sliced thin

1 can of rice noodles or chow mein noodles

¼ cup sesame seeds

shredded chicken

Pour dressing over the salad mixture and toss right before serving.